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CPE article 12: feverfew



Pharmacists This unit is worth half-an-hour CPE credit. ACPP members and CPE self-assessment program subscribers can read the feverfew monograph, then circle the appropriate answers and complete the form below the questions, using a black pen. Photocopy the page and **fax** it to the **Australian College of Pharmacy Practice on 02 6273 8988**, or **post** to: **ACPP, PO Box 7007, CANBERRA BC ACT 2610**. Or, complete the unit **online: www.acpp.edu.au**.

Be prompt – ACPP must receive your answers by 10 July. Answers will be printed in the next *JCM* [Vol 3{4}] in Jul/Aug.

Q Circle the most appropriate answer to the following questions. More than one answer may be correct.

1 Traditionally, feverfew was used to treat

- a) snake bites
- b) headache
- c) fever
- d) impotence

2 Which of the following have been observed in randomised studies?

- a) feverfew leaves reduce the severity of some migraine symptoms
- b) feverfew leaves reduce the duration of migraine headache
- c) feverfew reduces the frequency of migraine attacks
- d) feverfew reduces inflammation in rheumatoid arthritis

3 Some of the pharmacological actions demonstrated for feverfew in experimental models include

- a) CNS sedative activity
- b) inhibition of histamine release
- c) inhibition of neuronally released 5-HT
- d) inhibition of 5-HT_{2B} and 5-HT_{2A} receptors

4 Feverfew should not be recommended to

- a) people with allergies to the Compositae/Asteracea family of plants
- b) people with migraine headaches
- c) people with infections
- d) pregnant and lactating women

5 Parthenolide

- a) is one of the sesquiterpene lactones found in feverfew
- b) concentrations remain constant within each plant
- c) is responsible for all the herb's pharmacological activity
- d) is not found in feverfew plants

CPE ARTICLE 11 ANSWERS: black cohosh
JCM 2004;3(2):52 – MARCH/APRIL 2004
 1. c, d 2. a, b 3. b 4. d 5. a, b, d

Your details – please print clearly or type

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PROGRAM EVALUATION –

Your comments on our CPE article are appreciated

Relevance of this topic

- very good good fair poor

Accuracy of the article

- very good good fair poor

Education value

- very good good fair poor

How many minutes did it take you to complete this unit?

- < 30 min 30–60 61–90 > 90

Please tick one

- ACPP member – Feverfew monograph CPE costs no extra to ACPP members and subscribers
- I currently subscribe to the CPE self-assessment program (\$150 for 15 tests)