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CPE article 21: calendula



Pharmacists This unit is worth half-an-hour CPE credit. ACPPM members and CPE self-assessment program subscribers can read the Calendula monograph, then circle the appropriate answers and complete the form below the questions, using a black pen. Photocopy the page and **fax** it to the **Australian College of Pharmacy Practice and Management** on **02 6273 8988**, or **post** to: **ACPPM, PO Box 7007, CANBERRA BC ACT 2610**. Or, complete the unit **online: www.acp.edu.au**.
Be prompt — ACPPM must receive your answers by 2 January 2006. Answers will be printed in the next *JCM* [Vol 5(1)] in January/February 2006.

Q Circle the most appropriate answer to the following questions. More than one answer may be correct.

1 Calendula has been used traditionally for

- a sunstroke
- b burns
- c snake bite
- d poor wound healing

2 The main pharmacological actions of calendula are

- a anti-inflammatory, lipid lowering
- b anti-inflammatory, hypoglycaemic
- c promotion of wound healing, anti-inflammatory
- d antidepressive, antimicrobial

3 According to a randomised controlled study conducted with breast-cancer patients

- a a calendula tincture taken orally prevents radiation-induced dermatitis
- b a calendula-flower preparation used topically prevents radiation-induced dermatitis
- c a calendula-flower preparation used topically is ineffective for preventing radiation-induced dermatitis
- d a calendula tincture applied topically is ineffective for preventing radiation-induced dermatitis

4 According to the same study, topical calendula treatment

- a was less effective than trolamine for the prevention of skin toxicity
- b was statistically significantly superior to trolamine for the prevention of skin toxicity
- c was considered more difficult to apply than trolamine
- d was associated with several allergic reactions

5 According to German Commission E, calendula

- a flower preparations are suitable for promotion of wound healing
- b taken internally is effective for the promotion of wound healing
- c taken internally is effective for GI symptoms such as diarrhoea
- d flower preparations are suitable for use in inflammation of the oral cavity

CPE ARTICLE 20 ANSWERS: fenugreek
JCM 2005;4(5):82 – SEPTEMBER/OCTOBER 2005
1. d 2. a, b 3. a, b, c 4. b, d 5. a, b

Your details – please print clearly or type

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PROGRAM EVALUATION –

Your comments on our CPE article are appreciated

Relevance of this topic

very good good fair poor

Accuracy of the article

very good good fair poor

Education value

very good good fair poor

How many minutes did it take you to complete this unit?

< 30 min 30–60 61–90 > 90

Please tick one

- ACPPM member – Calendula monograph CPE costs no extra to ACPPM members and subscribers
- I currently subscribe to the CPE self-assessment program (\$150 for 15 tests)